***2. GROW MEALS IN POTS***

Container edibles are so accessible for small gardens and community spaces, with the only drawback that they require more watering than crops in the ground. I love growing herbs for teas – lemon verbena, a range of mint, lemon/lime balm (which can cope with some shade), scented-leaved pelargoniums and bergamot. These meal pots are fun for children to grow and provide a delicious small space solution to growing edibles. It could be taken even further with a small tray of pots growing chillies, lemon grass, mint, chives, salad leaves or basil, for simple summer meals and hot drinks or iced infusions.

 